



LIVE in Love (2008)

Liner Notes

Shantala Music

[www.shantalamusic.com](http://www.shantalamusic.com)

## **Disc One**

1. Ganesha Invocation
2. Ma Durga
3. Krishna Radhe Shyam
  4. Duet
  5. Reprise
6. Raghupati
7. Jaya Ram Sita Ram

## **Disc Two**

1. Radhe
2. Namah Shivaya Om
3. Bhaja Mana Ma
4. Nataraja Prelude
5. Nataraja
6. Closing Meditation

## **A celebration of kirtan**

For three days we sang with a loving and vibrant live audience in the sacred space of Portland Insight Meditation Center in Portland, Oregon, in August 2006. The birth of this project was a beautiful convergence of grace-filled events, emerging from our desire to share the energy of live chanting with our international kirtan family. Along with our beloved spirit sister Gina Salá, we united to co-create a powerful experience of deep spirit and incredible heart. Manose and other wonderful musicians & singers traveled far to join us for the creation of our recording. Our friend Maureen Clyne organized the entire event, and our extraordinarily talented live recording engineer, Frank Stearns, stepped forward to record us. The outcome of this experience is in your hands, and we hope it will nourish your heart and spirit!

## **Giving thanks**

Thanks to all musicians, our families and friends, and especially to Frank Stearns, Maureen Clyne, Gina Salá, Robert Beatty & Portland Insight, Jewel and Jan Shield, Jim & Lynea Gillen, Sarahjoy Marsh, Stephen Metcalf, Dean Baskerville, John Conley, Liz Fogelson, Kimburly McDougal, Jacqueline Westhead, Annette Orban, Rich Clement, Roberta Guarino, Brent Kuecker, Beth Noelle, Joe Jencks, and everyone who attended the live recording sessions in August 2006. Above all, we give our love and gratitude to the sacred Presence that sings and dances with us in every moment of our lives.

## **Lyrics and meaning**

### **Disc One**

#### **Track 1 – “Ganesha Invocation”**

Om

Tat Purushaya Vidmahe

Vakratundaya Dhimahi

Tano Dantih Prachodayat

*May we come to know ourselves as the divine essence that we truly are*

*Let us contemplate the one whose trunk is twisted*

*May the one with one tusk illumine our minds*

#### **Track 2 – “Ma Durga”**

Om Dum Durgayei Namaha, Om Dum Durgayei Namaha

Om Mata, Om Kali, Om Durga

He Durga, Ma Durga

*Salutations to She who is beautiful to the seeker of truth and terrible in appearance to those who would injure devotees of truth (Translation by Thomas Ashley-Farrand)*

#### **Track 3 – “Krishna Radhe Shyam”**

Hare Krishna, Hare Krishna, Krishna Krishna, Hare Hare

Hare Rama, Hare Rama, Rama Rama, Hare Hare

Radhe Shyam, Radhe Shyam, Radhe Radhe Radhe Shyam

*This mantra praises the sacred names of the Supreme Being expressed through the faces of Krishna, Radha, and Rama*

#### **Track 6 – “Raghupati”**

Raghupati Raghava Raja Ram Patita Pavana Sita Ram

Sita Ram Jai Sita Ram Bhaja Pyare Tu Sita Ram

Ishwara Allah Tero Nam, Saba Ko Sanmati De Bhagavan

Jaya Ram, Sita Ram

*O King Ram, glorious one of Raghu's dynasty*

*Hail Lord Ram and His beloved wife Sita*

*Beloved, praise Sita and Ram with the utmost love*

*Your cherished names are Ishwar and Allah*

*O Lord of incomparable beauty, bless us with wisdom*

## **Disc Two**

### **Track 1 – “Radhe”**

He Rahde Radhe Radhe (Repeat)  
Jaya Jaya Ma, Jaya Jaya Ma, Jaya Jaya Ma, Jaya Jaya Ma  
Om Mata Kali, Om Mata Durga  
Saraswati Ma, Saraswati Ma  
Om Mata Ambe, Jaya Jagadambe  
Radhe, Radhe, Radhe, Radhe!

*An exploration of the names of the Goddess . . . .  
May there be victory to the Mother of the Universe!*

### **Track 2 – “Namah Shivaya Om”**

Namah Shivaya Om, Namah Shivaya Om,  
Namah Shivaya Om, Namah Shivai  
Namah Shivaya Om, Namah Shivai

*I honor the God inside myself and in all things  
(Translation by Sally Kempton)*

### **Track 3 – “Bhaja Mana Ma”**

Bhaja Mana Ma Ma Ma Ma (Repeat)  
Ananda Mayi Ma Ma, Ananda Mayi Ma Ma  
Ananda Mayi Ma Ma, Ananda Rupa Ma Ma

*Oh Mind, chant devotion to the Mother  
Divine Mother, full of bliss  
Divine Mother, whose form is bliss*

### **Track 5 – “Nataraja”**

Nataraja Nataraja, Nartana Sundara Nataraja  
Shivaraja Shivaraja, Shiva Kami Priya Shivaraja  
Chidambaresha Nataraja, Parthi Purishwara Nataraja

*Lord of the dance, sovereign of dance, beautiful dancer  
Beloved one, who is Shiva’s desire  
Auspicious Lord, Lord clothed in consciousness  
Sovereign of the dance, earthen ruler, Lord of the universe  
(Translation by Douglas Brooks)*

## **The Artists**

Benjy Wertheimer: Vocals, esraj, tabla, djembe, guitar, keyboards, and percussion

Heather Wertheimer: Vocals, guitar, and tamboura

Brent Kuecker: Bass on Bhaja Mana Ma

Gina Salá: Vocals

Jami Sieber: Electric cello

Jeffrey Kolwitz: Bass on Radhe, Namah Shivaya Om, and Nataraja

Joe Jencks: Backing vocals

Manose: Bansuri bamboo flute

Michael Stirling: Tamboura

PJ: Tamboura

Stephen Metcalf: Bass on Ma Durga and Krishna Radhe Shyam

Talia Toni Marcus: Violin & viola on Ma Durga and Nataraja Prelude

Tim Ellis: Acoustic & electric guitar

Special Chorus: Amy Gaskill, Anjelica Rudolf, Annette Orban, Arthur Cornell, Beth Noelle, Christine Carter, Christopher Rudolf, Deva Gordon, Donna O'Neil, Doug Verigin, Georgia Peterson, Heide Goertzen and Baby Sebastian, Jarmila Darby, Joe Jencks, Julia Ellis, Maureen Clyne, Marilyn Guarino, Michael Stirling, Roberta Guarino (The Unstruck Sound), and Tasha Harmon

## **Production Credits**

Executive Producer: Benjy Wertheimer

Produced by Benjy and Heather Wertheimer

Recorded by Frank Sterns at Portland Insight Meditation Center and Dancing Trees Sanctuary, Newberg, Oregon

Additional recording by Dean Baskerville and Frank Stearns at Kung Fu Bakery, Portland, Oregon, and by Benjy Wertheimer at Wolf Cub Studios, Portland, Oregon

Mixed by Frank Stearns

Mastering by Cass Anawaty, Sunbreak Music

Location recording system provided by Mobile Audio Recording Service. Mixed in the MARS 'A' Room

Duplication by The Riddle Press, Portland, Oregon

Graphic design by Annette Orban

Front cover photo by Roberta Guarino

Ganesha Invocation, Ma Durga, Krishna Radhe Shyam, and Radhe composed by Shantala. All other pieces traditional.

Assistant sound engineer specializing in higher frequencies: Barkley Wertheimer

### **Dedicated to Nancy Wertheimer**

On Christmas Day of 2007, the most kind, loving, generous, perceptive, compassionate, and brilliant soul I have ever known left this world. She was a woman who reveled in simple joys and the beauty of nature and life – one of those rare sweet spirits who had the ability to put people immediately at ease. Her intellect, heart, eloquence, artistry, warmth, and vitality inspired goodness beyond measure.

Her accomplishments include being a Harvard PhD in psychology, a masterful painter, stained-glass artist, sculptor, an architect and builder of several cabins, and an internationally renowned epidemiologist who uncovered the link between high-current electric wires and childhood cancer. Yet she always managed to find the time and energy to be my very best friend, with a ready ear for anything and everything, sharing great wisdom and insight with me as I negotiated life's crazy twists and turns.

She was my mother, Nancy Wertheimer, but we just called her "Ma." Heather and I gratefully dedicate these CDs to her memory – she was unwaveringly supportive of our kirtans. Her ability to live life in a spirit of love, kindness and gratitude informs our devotional practice every day ...

-Benjy